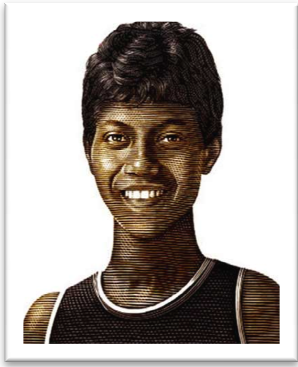


Name _____



Wilma Rudolph was an exceptional American track and field athlete who overcame childhood illnesses to become the first American woman to win three gold medals in a single Olympics. People called her the fastest woman in the world!

Below are some of the important things Wilma Rudolph said. Select one of her quotes and describe why you think it would be important in your life.

My doctor told me I would never walk again. My mother told me I would. I believed my mother.

I ran every day, and I acquired this sense of determination, that I would never, never give up, no matter what else happened.

Believe me, the reward is not so great without the struggle.

Never underestimate the power of dreams. We are all the same in this notion: The potential for greatness lives within each of us.

Winning is great, but ... the secret is learning how to lose. If you can pick up after a crushing defeat, and go on to win again, you are going to be a champion.
